



Talk to your Doctor about Cala Trio™

Essential tremor (ET) is a common movement disorder affecting over 7 million Americans¹. The condition is marked by primarily hand tremors that make it difficult, if not impossible, to perform daily activities like eating, drinking, and writing.

Symptoms² of essential tremor include:

- Uncontrollable shaking that occurs when you use your hands
- Shaking voice
- Nodding head
- Tremors that get worse with emotional stress
- Tremors that get worse with intentional movement
- Tremors that lessen with rest

If essential tremor makes it difficult to perform daily activities, there are treatment options including:

- Medications
- Physical or Occupational therapy
- Brain surgery

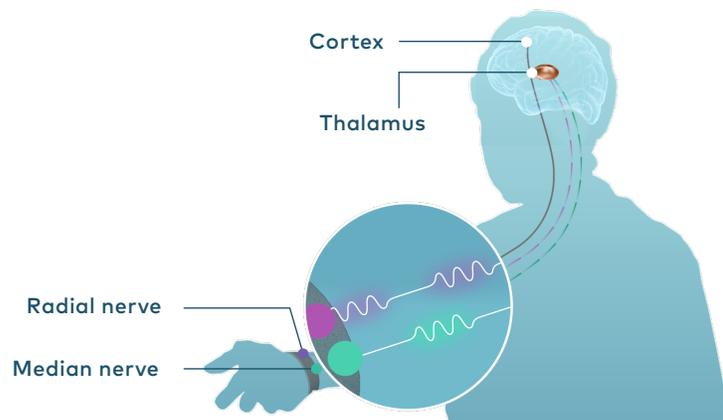
Now a breakthrough in essential tremor is here.

Cala Trio has a wrist band that delivers electrical stimulation to the nerves in the wrist. The stimulation disrupts the tremor network in the brain and delivers meaningful tremor reduction in the treated hand. An effective, safe tremor therapy is here.



The Cala Trio therapy is prescribed by a physician. It is indicated to aid in the transient relief of hand tremors in the treated hand following stimulation in adults with essential tremor.

Please take the Prescription Form to your next doctor appointment. Your doctor can learn more about Cala Trio by visiting CalaTrio.com/HCP or joining the next physician webinar.



Your life and your experience with essential tremor are unique. Finally, an individualized treatment is here.

Visit your doctor to discuss adding Cala Trio to your tremor therapy by sharing the following information:

1. How long have you experienced tremors?

- <5 years >15 years
 5-15 years

2. Does your tremor lead to embarrassment or anxiety when you are around others?

- Yes No

3. Does your tremor impact your ability to work?

- Yes No

4. How does your tremor interfere with your life? Which daily activities are difficult for you to perform due to your tremor?

- Writing Hand crafts
 Drinking beverage Putting on make-up
 Texting/typing Other hobbies

5. Have you tried taking any medications for your essential tremor?

- Yes No

If yes

a. Which medications?

- Topiramate Primidone
 Gabapentin Other
 Propranolol _____

b. Have these medications been effective?

- Yes No

c. Have they caused side effects?

- Yes No

d. Do these medications interact with your other medications?

- Yes No



If you have any additional questions about Cala Trio please contact us at 888-699-1009 or CustomerSuccess@CalaTrio.com

¹Louis, Elan D, and Ruth Ottman. "How many people in the USA have essential tremor? Deriving a population estimate based on epidemiological data." Tremor and other hyperkinetic movements (New York, N.Y.) vol. 4 259. 14 Aug. 2014, doi:10.7916/D8TT4P4B

² Nazario, B. (2007). The Brain and Essential Tremor. Retrieved from <https://www.webmd.com/brain/essential-tremor-basics#1>